Mental Health Association of Central Florida, Inc. (407) 898-0110

MHACF Community Involvement

6th Annual NAMIGO Walk: Luckily, Saturday May 1st gave us a clear morning at Lake Lily in Maitland to show our support. NAMI provided a table for us to show support for their mission to provide mental health services to the Greater Orlando area.

Senior Expo: Staff, Interns, and Volunteers came out to the Senior Expo on May 5th and 6th to further our message of reducing the negative stigma surrounding mental health. The Orlando 14th Annual Senior Expo and Health Fair offers the community a wide array of opportunities and services in one large venue. There was a strong showing of community members on both days this year. Our representatives collected information to provide community referrals right there at the table. The event also presented a wonderful opportunity to broaden our community network of providers. We look forward to the opportunity to participate again next year.

Recovery Walk: The Recovery Walk Celebration will be held September 18th, 2010 at 8:30 am at Lake Eola in Downtown Orlando. The Mental Health Association will have a table at the event to share our new Advocacy Campaign with the community. Please come out and show your support!

MHACF Annual Association Meeting

MHACF presented a summary of the past year’s operations to our Board of Directors, MHACF members, and community representatives July 27th, 2010 at the Marks Street Senior Center. Candice Crawford, Executive Director, presented a review and she described several new avenues for MHACF to collaborate with our generous partners to strengthen the community. In reflection of the past year, we must give thanks to the volunteers who make our programs possible. Over the last year, volunteers have filled 269 Guardian Advocate appointment requests, attended several community events, and dedicated over two thousand service hours in our office. Their support allowed MHACF to answer 940 consumer calls providing information for the 2,357 services requested. The past year inspires us to move forward toward another strong year.

MHACF is also reaching out to support the community in creative ways. On Saturday September 4th a group of MHACF Board members, MHACF staff, and volunteers worked along side the Brasfield & Gorrie Construction Company to renovate one of the Orange County Clinic waiting rooms. Thanks to several generous donors we were able to create a warm and welcoming environment for the individuals who enter the clinic. For a complete list of sponsors for this and other projects, please visit www.ItsOkayToGetHelp.com.

Thank you, from MHACF to all of our sponsors, supporters, and volunteers.

Membership Application

☐ Yes, I want to join the Mental Health Association of Central Florida, Inc. and support its programs and services.
☐ No, I do not want to become a member, but I would like to make a donation.

☐ New Member ☐ Renewal

☐ $10 Consumer ☐ $50 Professional
☐ $25 Student ☐ $125 Corporate
☐ $40 Family ☐ $1000 Golden Bell

I wish to contribute to MHACF at a greater level of $__________

Visa ☑ MasterCard ☑ Cash ☑ Check ☑

Name ____________________________
Address __________________________
Phone ____________________________
E-Mail ____________________________
Credit Card #: ____________________ Exp. Date __________
Signature _________________________

These services would not be available without your support!

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New MHACF Advocacy Campaign

The Mental Health Association of Central Florida has discovered an opportunity to partner with an affiliate in an exciting advocacy campaign. The Mental Health Association of Indian River County has created a campaign called "It's Okay to Get Help!" This clear and motivating message is something we at MHACF want to stand behind.

Candice Crawford introduced MHACF to Kris Sarkauskas and Jeff Siedd from Indian River County. They gave a fantastic presentation of their mission and advocacy plan to our board, staff, and volunteers. "It's Okay to Get Help" highlights the gap in mental health services. The Greater Orlando area has a wide network of community providers and a few crisis intervention and treatment programs. Where we fall short is in our ability to prevent incidents and to intervene before a condition worsens. We hope to begin a process that will change the way that the general population views mental health and mental health services.

In order to get a grasp of community awareness, MHACF conducted a short anonymous survey. We asked people in the community if they knew about the Mental Health Association of Central Florida; 43% said "Yes". When asked if they had seen our logo or heard our slogan before, only 21% said "Yes". One way we intend to increase awareness is through our "Mental Health Minutes". These short videos were created in collaboration with community advocates like Mayor Buddy Dyer, UCF President John Hitt, Police Chief Val Demings, and activist Dick Batchelor with more to come.

It's Okay to Get Help!

This idea allows MHACF the opportunity to provide a safety net of services through our information and referral system. Most of all we hope it will encourage those that need help to seek it. This idea transcends socioeconomic status; there are challenges in life and difficulties that apply to every group.

Makeover Project

On Sept. 4th, 2010 supporters gathered to the Orange County Medical Clinic waiting room.

From start... to finish!

Look out for MHACF's upcoming "Mental Health Minutes"!

Bright House Networks will be airing these altruistic messages over several channels such as CNN, HGTV and Channel 13 news.

To view our minutes at any time, please check out www.ItsOkayToGetHelp.com